

480-340-1236

bloomingclematistherapy.com

**AAMFT Approved Supervisor**



# Jade Rice

## MAS-MFT, LMFT

### Specialties & Passions

- LGBTQIA+
- Trauma:
  - Childhood/Adult
  - Sexual Trauma
- Ethics/Boundaries
- Family Systems Applications
- Military Affiliated Individuals/Families

### Preferred Modalities

- Structural Family Therapy
- Trauma Focused CBT (certified)
- Solution Focused
- EMDR
- Structural Dissociation
- CPT

### About Me

Thank you so much for taking time to consider me as your clinical supervisor. My hope is, by writing this letter to you, that you will better understand me and what to expect from me as a therapist and supervisor to identify if I may be a good fit for you and your clinical development goals.

As a therapist, I have worked in a wide range of clinical settings providing general and specialty therapy services to the clients I served. I have worked in community settings, private practice settings, integrated settings, and have provided clinical support to clients aged 0-100.

As a supervisor, I often utilize systemic modalities, collaborative approaches, and the Feminist model to guide my approach to the supervisory relationship. To maintain clarity and focus on supervisee's developmental needs and goals, I will complete with each supervisee a Professional Development Plan. This plan consists of clear and measurable goals that the supervisee and I identify together are necessary for the supervisee's development. On this plan, the supervisee and myself both list action steps we will take to work towards supporting the supervisee in achieving these goals.

My first goal as a supervisor is to create a safe space so that open and honest conversations can be engaged in by myself and my supervisee. Engaging in supervision and exploring self-of-therapist can be challenging and requires vulnerability and trust between the supervisor and supervisee. My second, and overarching thematic focus of supervision, is developing and honing supervisee competencies in systemic models. I will often incorporate interventions from systemic modalities into my supervisory approach to deepen the learning process. However, I recognize that growth and development is specific to each individual and I am happy to incorporate other modalities that my supervisees are interested in into the supervision process. Finally, I will ensure that, as a therapist and possible future supervisor, my supervisees are fully competent in relevant Arizona state/ board rules and statutes and designated Code of Ethics. I may often reference relevant laws, statutes, and codes when exploring possible ethical dilemmas or managing boundary concerns.

I am happy to answer other questions you may have and I hope to hear from you soon.